

Boxed Heart

Fast, fun and easy! This design fits perfectly in the Old Colonial Small Shirt Box or it makes a fun Christmas ornament using just one skein of Watercolours!



Materials:

- 6" x 6" 18 count canvas
- one skein Watercolours

The model uses ecru canvas and 'Bark' Watercolours.

This entire project is worked using one ply of the three strand Watercolours.

Step One: Find the center of your canvas. The first stitch is a Rhodes Heart. Come up at #1, 8 threads up and 8 threads to the left of the center hole. Each stitch goes over the previous stitch. The last three stitches come up in the same hole, but go down in different holes.

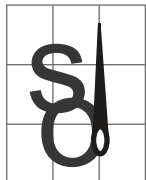
Step Two: The grid behind the heart is made up of alternating Waffle stitches over 8 threads and Giant Scotch stitches over 8 threads. Follow the schematic diagram placing the stitches. These stitches touch all four sides of the heart, enclosing it in a 16 thread square.

Step Three: Divide your Watercolours into two color groups. Use one color group to stitch Braided Knitting Stitch on all four sides of the ornament, leaving the corners empty. Use the other color group to make cross stitches in each corner.

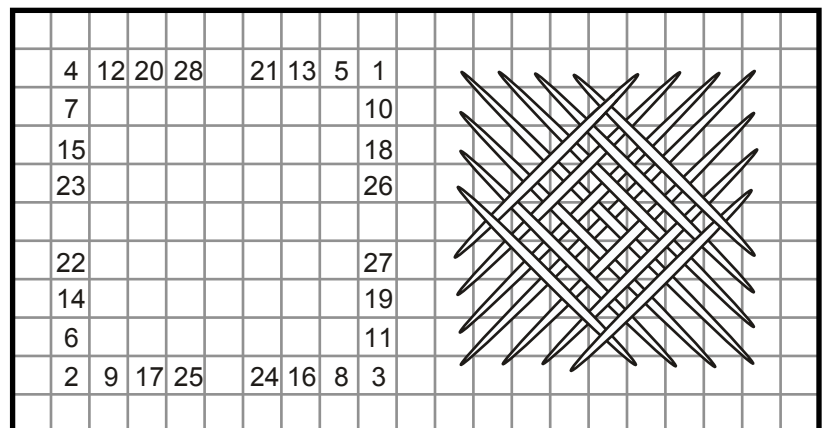
Optional: You could liven up this ornament with some scraps of leftover Kreinik #8 braid. Places you could use this would be as a backstitch outline for the heart, for the last four stitches of the Waffle stitches or for the cross stitches on each corner.

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